

Matt Townsend

Speaker, Communication Expert and Interpersonal Relationships Consultant



Topics

The Seven Basic Needs of Healthy Relationships

The Keys to Doing More with Less

Power with Teams

Resolving Differences

The Seven Basic Needs of Every Long-term Employee

Emotional Intelligence

Building Your Business and Your Family

REAL Communication for Real Results

Matt Townsend is the founder and president of the Townsend Relationship Center, a relationship skills-building organization. He combines his talents as a coach, teacher and speaker to empower people and companies to connect and communicate more effectively. Through entertainment and humor, Matt teaches life-changing skills that help improve our most important relationships. His humorous speaking style helps him impact a wide range of people in various church and corporate events.

Matt trained for 9 years with the training industry leader Franklin Covey.

He earned his Bachelors and Masters Degrees in the area of Communication as well as a second Masters degree in Human Development. He has recently earned his PhD in the field of Human Development.

Every Saturday morning from 11 to noon, Matt can be heard hosting his radio program, "The Matt Townsend Show", broadcast on KSL News Radio, where he talks about a variety of relationship topics. Matt is a weekly contributor to KSL TV's morning show "Studio 5". Matt also has a weekday radio show on BYU radio on Sirius XM 143. He has also written a book entitled "Starved Stuff – Feeding the 7 Basic Needs of Healthy Relationships" that can be found at Deseret Book and on Amazon.com.

Matt's greatest love in life is his wife Mardi. They have been happily married for 21 years and have 6 children: 1 girl and 5 boys.

Accomplishments

- Masters Degree in Communication
- Masters Degree in Human Development
- PhD in Human Development
- Host of national Daily Drive Time Sirius/XM Radio Show.

To schedule Matt Townsend
Call **1-888-554-1776**